

ELEVATE STUDENT PERFORMANCE

WITH ADJUSTABLE-HEIGHT CLASSROOM DESKS



VARIDESK[®]
EDUCATION

A SMARTER SOLUTION FOR CLASSROOMS



“ We are finding that with standing desks in schools — the children are more focused and more on-task. ”

DR. MARK BENDEN,

DIRECTOR OF THE ERGONOMICS CENTER AT TEXAS A&M

Physical activity has been linked to better performance and improved health.

Classrooms face shortened recess times replaced with more instruction, and reduced budgets have cut PE and sports. Plus, the rise of technology has led to more sedentary behavior. Students are missing out on the benefits associated with moving more and sitting less, and teachers and parents are faced with children who are struggling with a range of health problems.

VARIDESK® Education is committed to creating active education spaces that promote movement and collaboration in K-12 classrooms. With high-quality, affordable, research-based standing desk solutions and a customer-focused experience, VARIDESK Education is helping to create healthier and more productive classrooms for educators and students.



THE RESEARCH-BACKED BENEFITS OF STANDING DESKS IN THE CLASSROOM

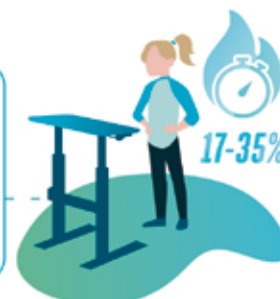


IMPROVED ACADEMICS

Moving more and sitting less in class can lead to 3–5% improvement on test scores.*

ENHANCED HEALTH

Standing desks can increase calorie burn by 17–35% and decrease BMI percentile by 5%. Achieving and maintaining a healthier weight is linked to increased confidence and self-esteem, which is directly tied to attendance rates.*



INCREASED ENGAGEMENT

Standing desks lead to better focus and attention in class. Students have more eye contact with teachers and 7–9 more minutes of engagement per hour — an increase of up to 15%.*

Barros, Romina M., Ellen J. Silver, and Ruth E.K. Stein. "School Recess and Group Classroom Behavior." *Pediatrics*, 123, 2, February 2009.

Benden, Mark E., Christina Jeffrey, Monica L. Wendel, and Hongwei Zhao. "Stand-Biased Versus Seated Classrooms and Childhood Obesity: A Randomized Experiment in Texas." *American Journal of Public Health*, 106, 10, August 2016.

Benden, Mark E., and RK Mehta. "Standing Up for Learning: A Pilot Investigation on the Neurocognitive Benefits of Stand-Biased School Desks." *International Journal of Environmental Research and Public Health*, 13, 1, December 2015.

Benden, Mark E., Jamilia Blake, Marianela Dornheckera, Monica L. Wendel, and Hongwei Zhao. "The effect of stand-biased desks on academic engagement: an exploratory study." *Journal of Education and Health Promotion*, 53, 5 April 2015.

Blake, J., Mark E. Benden, and Monica Wendel, M. "Using Stand/Sit Workstations in Classrooms: Lessons Learned from a Pilot Study in Texas." *Journal of Public Health Management and Practice*, 18, 5, September 2012.

GRADES K-12



 **DUAL-HANDLE, AIR PISTON-ASSISTED LIFT**

 **DRY-ERASE DESKTOP**



 **STEEL STABILITY CROSSBAR**

 **ADJUSTABLE, NON-SLIP FOOTPADS
PROTECT FLOORS AND LEVEL EASILY**



Sit-Stand SchoolDesk

- Height-adjustable from 26"–42"
- Steel crossbar for enhanced stability
- Writable desk surface



StorageLocker

- Ships fully assembled (2 lockers per unit)
- Includes brackets for easy wall mounting
- "Bring your own lock" for flexibility



SchoolDesk

- Height-adjustable from 32"–46"
- Dual-level footrest
- Writable desk surface



MarkerBoard 48x66

- Dual-sided writable porcelain-steel surface
- Roll-and-lock casters for easy mobility
- Magnetic straight edge and 9 magnets
- Marker and eraser holder



Stand2Learn™ Desk

- Standing-biased in 2 sizes for K–12 students
- Dual-level footrest
- Writable desk surface
- Bag hook included



Stand2Learn™ Stool

- Height range from 19"–33"
- Designed for students of any age
- Adjustable footpads for easy leveling



Stand2Learn™ Desk For Two

- Standing-biased in 2 sizes for K–12 students
- Dual-level footrest
- Writable desk surface
- Bag hook included



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