

Hi [manager's name],

I'd like to submit a request for a [sit-stand desk converter](#), which would give me the option to stand while working at my existing desk. There are many benefits to standing and moving more at work, including:

- Increased energy and productivity ([this study reports an up to 46% increase](#))
- Better cognitive health, boosting learning and memory ([source](#))
- A lower risk of chronic diseases, including heart disease, diabetes, and cancer ([source](#))
- Decreased pain and discomfort, which can reduce break times and missed days of work ([source](#))

I've selected this product [\[replace with link to specific product of your choice!\]](#) from VARIDESK, the leading sit-stand desktop brand that has product in 98% of Fortune 500 companies. Shipping is free and fast, and they'll pick up the product at no cost (no questions asked, if within 30 days of purchase) if for some reason it doesn't work out.

If you can confirm your approval, I'll work with [department or internal contact's name] to place the order.

Thank you,

[Your name]